

About the project

Around six million people in the U.K are providing a substantial amount of unpaid care to family members or friends who are unable to fully care for themselves because they are elderly, sick, have a physical, sensory or learning disability. They can be of any age, adult or a child.

These people are CARERS yet they do not recognise themselves by this title. They are simply individuals looking after their loved ones.

There are an estimated 85,000 carers in Leicestershire, many of whom are totally isolated and unaware that there is help available for them.

The project is aimed at identifying and addressing local carers' needs by working in partnership with carers and service providers from the Statutory and Voluntary sector.

If you are caring for someone you are not alone!

There is support available and we may be able to help...

The project offers a variety of services

“One Stop Shop”

For advice and information

A local point of contact for carers

Signposting

To other services and agencies who provide support.

Carers Forums

To help carers have their say about services and other things that affect their lives.

Carer Coffee Mornings

Drop-in sessions for carers, where they can come and have a coffee and a chat and get information and advice.

Carer's Information Pack

Available on request

Carers' Support Grant

This grant is for carers of adults (aged 18 years and over) that can be used for short breaks or other carers' services. It aims to support carers by enabling them to take 'real time off' from caring.

Mental Health Respite Scheme

This free carer respite scheme can provide up to 8 hours per week of respite for carers of people with mental health difficulties.

Carer Drop-In sessions

Carers can 'drop in' to 2 regular monthly sessions at The Pavilion, Sportsfield Lane, Huncote on...

3rd Monday of each month between 7.00 and 8.30 pm

1st Thursday of each month between 10.00am and 12.00 noon

Carer Support Groups

Social support groups for carers where they can relax, "let their hair down" and speak to people in similar situation to themselves.